

**Breakfast** 

Assorted Pastries - 1.50 / 2.50

Fresh Fruit Bowl - 3.50 (🛇 🕢 Seasonal cut fruit and berries.

Steel Cut Oats - 4.00

Warmed with fresh milk of choice (whole, non- fat or almond) topped with shaved coconut, dried fruit, nuts, fresh berries, cinnamon and honey drizzle.

Greek Yogurt Parfait Cups - 5.00

Layered with fresh berries, seasonal fruit compote and crunchy granola.

House Waffles - 5.00

Buttermilk-quinoa waffles dusted with powdered sugar and served with seasonal fruit compote.

# Salads

Add grilled chicken to any salad for \$1.00 more

### Caesar Salad - 7.00

Chopped hearts of romaine, garlic croutons, parmesan cheese, grape tomatoes and caesar dressing.

Teriyaki-Sesame Salad - 7.00 (🛇 🕢

teriyaki-sesame dressing.



# **Hot Sandwiches**

All sandwiches come with a seasonal side and can be served cold upon request

#### Waffle Monte Cristo - 9.00

Country ham, roasted turkey breast and swiss cheese pressed between a buttermilk-quinoa waffle served with seasonal fruit jam.

### Pesto Chicken - 9.00

Roasted, shredded, chicken breast mixed with basil pesto and sun dried tomato, topped with melted provolone served on ciabatta.

#### Albacore Tuna Salad Melt - 9.00

Albacore tuna with lemon zest, celery and mayo topped with melted white cheddar cheese, and pickled onions served on ciabatta.

### Fire Roasted Vegetable Wrap - 9.00

Fire roasted seasonal vegetables with artichoke, tomato, feta spread on a spinach tortilla wrap.

### Classic Comforts

All classics come with a seasonal side

#### PB&J - 3.50

Organic peanut butter and seasonal fruit jam on whole wheat bread.

Ask to have it warmed up "panini style" for an extra treat!

#### Grilled Cheese - 5.00

Melted white cheddar and havarti cheese on buttered whole wheat bread.

#### Sweets

Seasonal Desserts - 3.50 / 4.50 House Baked Cookies - 1.50





See our board for descriptions or ask one of our friendly staff

Housemade Soup - 3.00 / 5.00

Served with warmed sliced bread.

Vegetarian Chili - 3.00 / 5.00

Served with warmed sliced bread.

Add beef short rib for \$1.00 more

Seasonal Salad - 8.00

Served with warmed sliced bread.

Hot Sandwich Special - 9.00

Served with seasonal side.

Hot Entree Special - 9.00

Served with seasonal side.

# **Artisanal Coffee**

#### De La Paz

Drip Coffee - 2.00 / 2.25 / 2.50

Espresso - 2.25

Macchiato - 2.75

Americano - 2.25

Cappuccino - 3.25

Latte - 3.75

Mocha - 4.25

Seasonal - 4.50

# **Iced Beverages**

Chocolate Milk - 2.50

Add 2 pumps of flavored syrup for .50 more

Iced Tea - 2.50

Milk

Whole Milk - 2.00

Non-Fat Milk - 2.00

Almond Milk - 2.50

Sov Milk - 2.50

Lemonade - 3.00

Arnold Palmer - 2.75

Hibiscus-Mint Arnold Palmer - 3.25

# Tea

Assorted Numi Teas - 2.00

Four Barrel - Pour Over

Seasonal Single Origin - 4.00

Seasonal Premium Single Origin - 4.50

### Juices

OJ - 2.50

Apple - 2.50

Cranberry - 2.50

## **House Sodas**

Cherry Cola - 3.00

Raspberry "Mojito" - 3.00

Citrus Agua Fresca - 3.00

Seasonal - 3.00

Soda Water - 2.00

Allergen Key:





Gluten Free Vegan